



RISEinFAMILY

## FiCare

(Family Integrated Care)

It is a model of care for sick newborns that integrates families as part of the medical team.

### FIGARE HAS FOUR PILLARS

It empowers parents to become the main caregivers for their baby.

It is done in a progressive manner



1- Nurse cares for baby and parents observe



2- Nurse cares for baby and parents help



3- Parents care for baby and nurse observes



4- Parents care for baby on their own



### PARENTS EDUCATION

#### WORKSHOPS



#### USER FRIENDLY INFORMATION

### STAFF EDUCATION

PERSONAL E-LEARNING (THEORETICAL AND CASE-BASED).

JOINT TEAM LEARNING



### PSYCHOSOCIAL SUPPORT



TEAM WORK: PARENTS AND MULTIDISCIPLINARY STAFF HELP WITH CARE AND WITH SOCIAL AND EMOTIONAL ISSUES.

VETERAN PARENTS PLAY THEIR PART TOO

### FRIENDLY ENVIROMENT



PARENTS SUPPORTING EACH OTHER

PARENTS AND PROFESSIONALS SHARING DECISIONS

SPACES AS COMFORTABLE AS POSSIBLE

# BENEFITS OF FAMILY INTEGRATED CARE (FICare)



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BETTER  
BONDING OF  
PARENTS AND  
CHILD



IMPROVEMENT  
IN WEIGHT GAIN



INCREASED  
BREASTFEEDING.  
  
BETTER ORAL  
FEEDING  
LATER ON



SHORTER  
HOSPITAL  
STAY AND LESS  
NEED TO RETURN

LESS STRESS  
AND ANXIETY  
IN THE FAMILIES



LESS  
INFECTIONS  
ACQUIRED IN  
HOSPITAL



EASIER  
BREATHING



GREATER SELF  
CONFIDENCE TO  
CARE FOR  
THE BABY



BETTER  
DEVELOPMENT  
OF THE BRAIN